



A GUIDE *to* SPIRITUAL WARFARE



Daily Encounter Guide

Daily Encounters are the greatest way to spiritually grow as a disciple of Jesus.

God invites us to meet with Him daily. Just as Israel gathered manna every morning, God teaches us to live in daily dependence, obedience, and intimacy with Him. Daily Encounters are daily discipleship. A disciple is someone who follows Jesus, obeys Him, and builds their life around Him every day. Discipleship is formed through repetition, obedience, intimacy, and trust, not information alone.

1. SET AN APPOINTMENT WITH GOD

Daily encounters begin with intention.

- Choose a **daily time**
- Choose a **daily place**
- Remove distractions
- Expect resistance, and show up anyway
- Have an appointment with the Lord every day

2. WELCOME THE HOLY SPIRIT

Begin by inviting God's presence. Pray:

- "Holy Spirit, You are welcome here."
- "No spirit but the Holy Spirit is welcome."
- "Give me ears to hear."
- "Teach me."
- "Speak, Lord."

3. WORSHIP

Minister to God's heart before asking for anything.

- Play worship music
- Sing, speak, or sit in reverence
- Thank God for who He is (Ps. 110:4)

4. PRAY THE LORD'S PRAYER

Jesus gave us a daily prayer framework.

Pray slowly and intentionally:

- **"Our Father in Heaven..."**
Declare God's holiness.
- **"Your Kingdom come, Your will be done..."**
Surrender your will to His.
- **"Give us this day our daily bread..."**
Ask God for what you need today.
- **"Forgive us our debts..."**
Repent and receive grace.
- **"As we forgive our debtors..."**
Forgive people by name.
- **"Lead us not into temptation..."**
Ask for strength and protection.
- **"Deliver us from evil..."**
Declare victory in Christ.

5. PERSONAL PRAYER LIST

Pray intentionally for:

- Yourself
- Your family
- Your friends
- Your workplace
- Your city
- Your church & leaders
- The peace of Jerusalem (Psalm 122:6)
- + Add your own

6. READ THE WORD (DAILY BREAD)

God's Word was meant to be encountered daily, not occasionally.

Suggested Reading Plans:

- **15-Minute Plan**
1 Psalm, 1 Proverb, 1 Gospel
- **30-Minute Plan**
1 Psalm, 1 Proverb, 1 Gospel,
1 Old Testament, 1 New Testament,
1 Revelation

7. GIVE GOD ROOM TO SPEAK

Slow down. Listen. Pray:

- "Speak, Lord. Your servant is listening."
- Be still
- Write down what you sense
- Pay attention to Scripture, impressions, or the conviction of the Holy Spirit

8. ASK HIM TO TEACH YOU HIS WAYS

God desires to form you, not just inform you. Pray:

- "Teach me Your ways."
- "I want what You want, show me what You want."
- Repeat what God says out loud.
- Obey what He reveals.

9. CLOSE WITH THE PRAYER OF ENCOUNTERS

WHAT TO EXPECT

The goal of this guide is to help you learn about spiritual warfare and how to engage in spiritual warfare. This guide will help you:

- Recognize spiritual warfare in everyday life
- Have a biblical understanding of spiritual warfare
- Learn to discern and respond with wisdom
- Equip you to engage in spiritual warfare biblically and practically
- Understand terms and concepts around spiritual warfare

Spiritual warfare does not have to be intimidating or complicated. As you go through this guide, ask the Lord to speak to you through it.

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1. What is spiritual warfare?
2. Spiritual warfare terms, definitions, and key concepts
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WHAT IS SPIRITUAL WARFARE?

Simple Definition:

The spiritual war over who rules the will of man.

Spiritual warfare is the clash of two kingdoms - real conflict between the Kingdom of God and the kingdom of darkness. It is a battle over the souls of people.

The Bible makes it clear that we have a real enemy, who seeks to steal, kill, and destroy. Spiritual forces are in opposition to the purposes of God.

**People are not the enemy.
The devil is the enemy.**

✠ Exodus 3:5

✠ 2 Corinthians 10:4-6

✠ Matthew 14:24-33

✠ Ephesians 3:20

✠ Colossians 2:15

✠ Mark 16:17

✠ Matthew 12:43-45

✠ Ephesians 6:12

✠ Revelation 12:11

✠ Matthew 3:8

✠ Revelation 2:4-5

✠ 1 Corinthians 12:1-11

✠ Luke 11:13

✠ Acts 2:1-18

✠ 1 Samuel 2:30

✠ 1 Peter 2:17

✠ Proverbs 9:10

✠ James 4:7

✠ Proverbs 8:13

✠ 2 Corinthians 7:1

✠ Hebrews 12:28-29

✠ Psalm 34:7

✠ Acts 9:31

✠ Nehemiah 8:10

✠ Philippians 4:4

✠ Psalm 16:11

✠ Isaiah 61:3

✠ Habakkuk 3:17-18

✠ Acts 16:25-26

✠ Romans 14:1



TERMS, DEFINITIONS, KEY CONCEPTS

SPIRITUAL WARFARE DEFINITIONS:

For an even deeper study, look up the Biblical Greek and Hebrew definitions of these terms.

Angels - Angels are spiritual beings sent by God to serve His will and minister to His people.

Demons - Demons are evil spirits that oppose the will of God and seek to destroy people through deception, bondage, and rebellion.

The Spirit of the Antichrist - The Spirit of the Antichrist opposes Jesus by deceiving people into following a counterfeit truth.

The Antichrist - The Antichrist is a future world leader empowered by Satan who will oppose Jesus, deceive nations, and demand worship.

The Mark of the Beast - The Mark of the Beast is a future system of allegiance that forces people to worship and submit to the Antichrist.

Jezebel Spirit - A Jezebel Spirit is a controlling, seductive spirit that manipulates, intimidates, and divides people until they abandon the call of God on their lives.

The Spirit of Mammon - Mammon is the evil spirit that rests on money and teaches people to trust wealth instead of God.

The Python Spirit - A Python Spirit is a demonic spirit of divination that slowly squeezes spiritual life through oppression, deception, and discouragement.

The Orphan Spirit - An Orphan Spirit makes people live for acceptance, approval, and survival because they do not know God as 'Father'.

Antisemitism - Antisemitism is the demonic logic that justifies hatred toward the Jewish people.

Possession - Possession is demonic control over a person surrendered to darkness.

Oppression - Oppression is demonic pressure trying to influence, discourage, control, or torment a person.

Oppression vs. Possession - Oppression is a demonic attack from the outside while possession is demonic control from the inside.

Deliverance - Deliverance is the power of God setting people free from the bondage, oppression, and influence of demonic spirits.

Familiar Spirits - Familiar spirits are demonic spirits that use familiar temptations, thoughts, and patterns to convince delivered people they are still in bondage.

Generational Curses - Generational curses are destructive spiritual patterns passed through familial sin, agreement, and disobedience.

Discernment - Discernment is the Holy Spirit revealing what is from God, the flesh, or the enemy.

Temptation - Temptation is the spiritual battle between obeying God and pleasing your flesh.

Spiritual Authority - Spiritual authority is God-given authority to advance God's Kingdom, resist the enemy, and bring Heaven's rule into the Earth.

Principalities - Principalities are high-ranking demonic spirits influencing regions, cultures, governments, and people groups against the will of God.

Rebellion - Rebellion is defying God's authority and refusing to submit to Him.

Witchcraft - Spiritual opposition to the will of God through evil spirits.

Stronghold - A stronghold is demonic influence that remains over a person's life even after letting go of sin.

Spiritual Warfare - The spiritual war over who rules the will of man.

Repentance - Turning out of agreement with sin and back into agreement with God.

Key Concepts:

- The spiritual realm is real
- People are not your enemy
- You have a real enemy
- Fight from the victory Jesus already won
- Not everything is a demon, but demons are real
- Your weapons are spiritual
- You have authority in Christ
- The goal is to advance the Kingdom of God



EXPOSING THE ENEMY'S TACTICS

CONFUSION - The enemy knows that if he can keep you confused, he can keep you from moving forward. God brings clarity. The enemy brings confusion.

DIVISION - The enemy loves division because unity carries power. If the enemy cannot destroy you individually, he will often attempt to divide you relationally.

RESISTANCE - Spiritual opposition to the will of God in your life. Many times resistance reveals your obedience to God is a threat to the enemy.

FEAR - Fear is a spirit. The enemy wants to intimidate you to keep you from obeying God. The enemy does not always need to destroy your calling if he can convince you to never walk in it.

ISOLATION - The enemy wants you alone. Spiritual covering is provided through community in a local church. When isolated, you are more vulnerable to spiritual attacks.

DISTRACTION - Distraction pulls you away from what God has called you to do so that you are ineffective. The best way to keep you from God's will is to draw your attention elsewhere.

ACCUSATION - The enemy is called the accuser. He wants you trapped in cycles of shame, self-hatred, regret, and hopelessness, to pull you away from God. The conviction of the Holy Spirit draws you near to God.

SHAME - Shame separates you from intimacy with God. The enemy fears a believer who knows how to get into the presence of God and stay there.

TEMPTATION - Temptation is not sin, but leads to sin if acted upon. The enemy looks for moments when you are exhausted, lonely, disappointed, offended, and vulnerable.

DECEPTION - The enemy wants you to question everything that is true. What is true is what God says and what is written in the word.



TYPES OF SPIRITUAL WARFARE

Fear-Based Warfare

Fear-based warfare is when you fear God more than any other spirit.

The fear of God produces holiness, obedience, discernment, and surrender, all of which shut doors to compromise with darkness.

HEBREW

יִרְאָה (yir'ah)

Fear, reverence, awe, holy trembling; deep respect before God.

“The fear of the LORD is the beginning of wisdom...”

Proverbs 9:10

GREEK

φόβος (phobos)

Fear, reverence, awe; depending on context, holy fear before God.

“...perfecting holiness in the fear of God.”

2 Corinthians 7:1

Joy-Based Warfare

Joy-based warfare is when you rely on the joy of the Lord as your strength no matter the circumstances.

HEBREW

חֵדְוָה (chedvah)

Joy, gladness, rejoicing.

“...for the joy of the LORD is your strength.”

Nehemiah 8:10

GREEK

χαρά (chara)

Joy, gladness, deep delight; joy rooted in grace and God's presence.

“Rejoice in the Lord alway: and again I say, Rejoice.”

Philippians 4:4

Honor-Based Warfare

Honor-based warfare assigns Heaven's value in all circumstances, whether people or principalities.

HEBREW

כָּבוֹד (**kavod**)

Glory, honor, weight, significance, value.

“...for them that honour me I will honour...”

1 Samuel 2:30

GREEK

τιμὴ (**timē**)

Honor, value, respect, preciousness; to recognize worth.

“...in honour preferring one another.”

Romans 12:10

Humility-Based Warfare

Humility-based warfare recognizes that authority flows from submission to God, not spiritual pride, performance, or self-importance.

HEBREW

עֲנָוָה (**'anavah**)

humility, meekness, lowliness, gentleness.

“By humility and the fear of the LORD are riches, and honour, and life.”

Proverbs 22:4

GREEK

ταπεινοφροσύνη (**tapeinophrosynē**)

humility, lowliness of mind, a humble view of oneself.

“God resisteth the proud, but giveth grace unto the humble. Submit yourselves therefore to God. Resist the devil, and he will flee from you.”

James 4:6–7



HOW TO FIGHT

GET IN THE PRESENCE OF GOD

“Draw near to God and He will draw near to you.” James 4:8 NKJV

Practical Advice:

Spend intentional time worshiping, praying, and listening to the Lord before reacting to what you are feeling.

DISCERN WHAT IS HAPPENING

“Test the spirits, whether they are of God.” 1 John 4:1

Practical Advice:

Pause before labeling the situation. Pray, examine the fruit, compare with Scripture, and seek wise counsel when needed.

READ THE WORD OF GOD

“You shall know the truth, and the truth shall make you free.” John 8:32

Practical Advice:

Write the lie down. Find Scripture that directly confronts it. Meditate on it until your mind comes back into agreement with God.

PUT ON THE ARMOR OF GOD

Ephesians 6:10-18

Practical Advice:

Ask yourself which area is under attack. Then intentionally strengthen that area with Scripture and obedience.

FAST AND PRAY

“Is not this the kind of fasting I have chosen: to loose the chains of injustice... to set the oppressed free and break every yoke?” Isaiah 58:6

Practical Advice:

Identify a fast. Replace the time you would normally spend what you are fasting from with prayer, Scripture, worship, and listening to God.

“For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds.” 2 Corinthians 10:4



PRAYERS

Prayer of Reformation

Lord, I ask for You to reform any crooked ways within me. I seek Heaven's blueprint and ask for Your heart and Your mind in all things. I pray less of me and more of You!

I want what You want. Show me what pleases You. Let Your will be done! If I perish, I perish, but I will make straight the way of the Lord. Lord, You are holy, make me holy!

I pray for revival and reformation in my family, city, state, America, and the nations!

Amen.



PRAYER *of* ENCOUNTERS

This is where I tell You... I love You, I love You, I love You!

This is where I tell You... You're Holy, You're Holy, You're Holy!

This is where I tell You... Thank You, thank You, thank You!

This is where I tell You... I need You, I need You, I need You!

This is where I tell You... Speak Lord, Your servant is listening!

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