

THE REAL DEFINITION OF BLESSINGS UPSIDE DOWN

Father, Forgive Us For Our Dry Eyes

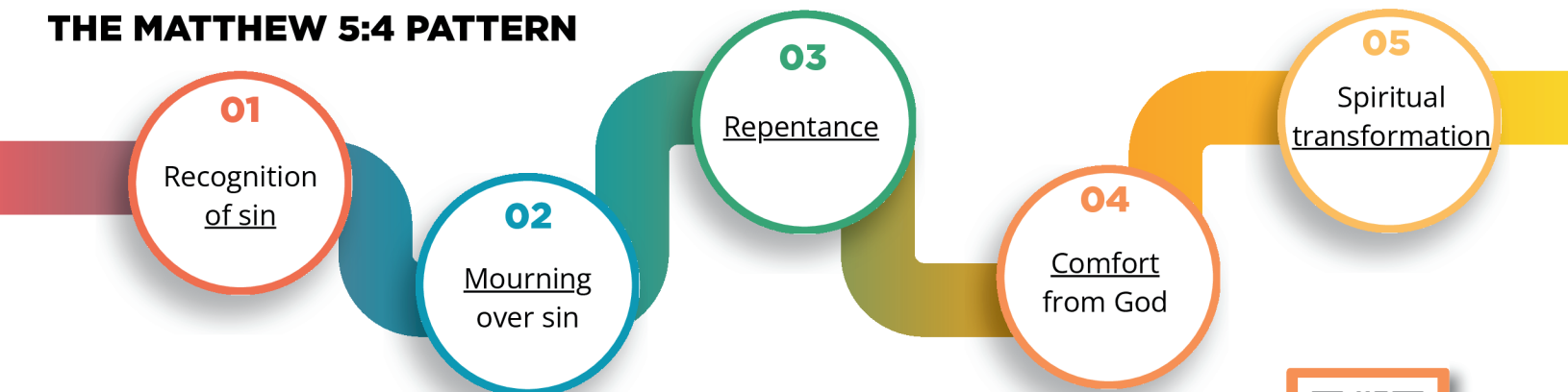
Matthew 5:4, Isaiah 61:3

@dr.conwayedwards

NOT ALL MOURNING IS THE SAME

TYPE OF MOURNING	ROOT CAUSE	FOCUS	RESULT
<u>Normal Human Sorrow</u> Romans 8:22	Pain in a <u>fallen world</u>	<u>Circumstances</u>	Emotional release/healing
<u>Sinful or Worldly Sorrow</u> 2 Corinthians 7:10	Selfishness, pride, lust, consequences	<u>Self</u>	Death, despair, <u>bondage</u>
<u>Godly Sorrow</u> 2 Corinthians 7:9-11	<u>Sin against God</u>	<u>Repentance</u>	Forgiveness, <u>comfort</u> , joy

THE MATTHEW 5:4 PATTERN



MOURNING IS A SKILL

It requires honesty about what you are experiencing.
Lamentations 3:40

It requires surrender to the One who is trustworthy.
Proverbs 3:5-6

MOURNING IS EVIDENCE OF A HEALTHY SPIRITUAL LIFE

DIGITAL SCREEN & SERMON NOTES
available after 3p on Sunday
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A hardened heart feels nothing,

but, a transformed heart:

Ephesians 4:18-19
Psalm 51:10

- grieves sin
- longs for holiness
- desires God

DISTINGUISH BETWEEN REGRET, REMORSE, AND REPENTANCE

REGRET

Hebrews 12:17

My consciousness of sin rests only in my mind.

REMORSE

Matthew 27:3-5

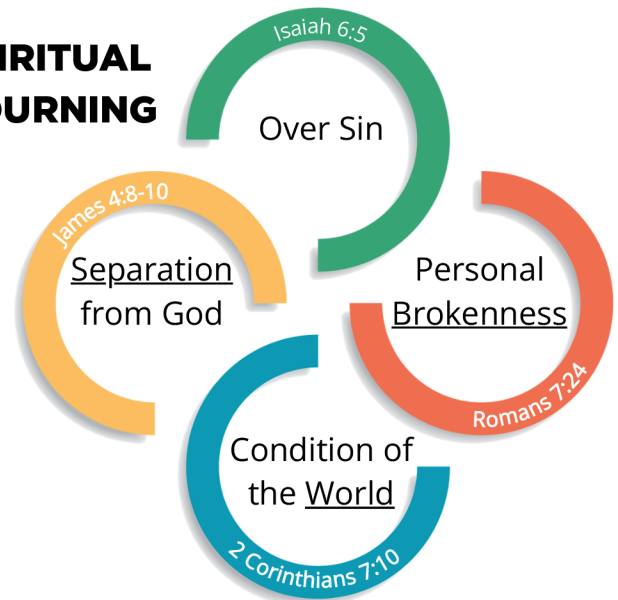
When my sin affects my mind and my heart.

REPENTANCE

Acts 26:20

When concern for my sin brings me to the place where I am willing to turn from it and obey God.

SPIRITUAL MOURNING



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HINDRANCES TO MOURNING OVER SIN

- | | | |
|----|--|-------------------|
| 01 | Love of <u>Sin</u> - <u>loving sin</u> hardens the heart | Hebrews 3:13 |
| 02 | <u>Despair</u> - believing God cannot forgive | Romans 8:1 |
| 03 | <u>Conceit</u> - "I'm not that bad." | Luke 18:9-14 |
| 04 | Presumption - <u>Cheap grace</u> mentality | Romans 6:1-2 |
| 05 | Procrastination - Delaying <u>repentance</u> | 2 Corinthians 6:2 |
| 06 | Constant Entertainment - <u>avoiding reality</u> through distraction | Luke 8:14 |

JESUS DOES NOT PROMISE COMFORT TO THOSE WHO ARE:

- ✗ in denial,
- ✗ prideful, or
- ✗ self-righteous.

John 9:41, James 4:6, Matthew 23:27-28

HE PROMISES COMFORT TO:

- ✓ the broken,
- ✓ the repentant, and
- ✓ the humble.

Psalms 34:18, 1 John 1:9, Matthew 23:12

SCAN HERE OR
Text "JESUS"
469-609-1909
to accept Christ



HOW GOD BLESSES A BROKEN HEART

- 1 God draws us closer to Himself. Hebrews 13:5
- 2 God grieves with us. Isaiah 53:3
- 3 God gives us a church family for support. Psalm 125:11, 15
- 4 God uses grief to help us grow. Proverbs 20:30
- 5 God gives us the hope of Heaven. 1 Thessalonians 4:13
- 6 God uses our pain to help others. 2 Corinthians 1:4

FOR THE SCREENS

BLESSED IS...

a state of favor
flourishing under God
divine approval
Kingdom verdict over a
painful condition

INTRODUCTION

Life is broken, so grief is inevitable
God gives no expectation for you to be
happy all the time
Grief is essential to your health

POOR IN SPIRIT

Matthew 5:3

Intellectual Recognition

I am spiritually bankrupt.

MOURNING

Matthew 5:4

Emotional Response

I grieve my sin.

THE WORLD SAYS



Avoid pain.



Chase pleasure.



Ignore sorrow.



Seek happiness
at all costs.

JESUS SAYS



There is blessing in
mourning.



True comfort comes
through God, not escape.



Spiritual mourning leads
to spiritual healing.